

### Vernon Hills High School Season Records

Event	2001	2002	2003	2004	2005	2006	2007	2008
<b>4 x 800m Relay</b>	8:31.2 Braskwich Downey Sheldon, C Sheldon, H	N/A	8:11.1 Braskwich Sheldon, W Sheldon, C Sheldon, H	10:17.6 Han Perez Reed Khayr	8:47.9 Bahrani Burdorf Chrysler Sheldon, W	8:27.2 Chrysler Candocia Gorski Sheldon, W	8:48.1 Gorski Kim, N Bahrani Candocia	9:25.8 Alexander Langer Thompson Flynn
<b>4 x 100m Relay</b>	44.4 Bulus Defrancesco Heerdegen Leffler	N/A	43.5 Riddle Borden Heerdegen Leffler	45.6 Bedolla Harris Burdorf Ginakakis	45.0 Quinn Green Adi Harris	46.8 Cho Fettner Short Walsh	47.44 Piagentini Solomonson Rodriguez Abdullah	46.7 Bradford Spencer Piagentini Meskic
<b>3200m Run</b>	10:56.0 Sheldon, C	9:56.1 Sheldon, H	9:47.0 Sheldon, H	10:17.8 Sheldon, W	10:36.78 Chrysler	9:59.8 Bahrani	9:41.1 Bahrani	9:31.88 Bahrani
<b>110m High Hurdles</b>	19.6 Borden	16.5 Bulus	16.7 Jennings	16.7 Anderson	16.2 Anderson	16.7 Fettner	19.1 Weekley	N/A
<b>100m Dash</b>	10.87 Heerdegen	10.7 Heerdegen	10.5 Leffler	11.3 Harris	11.2 Bedolla	11.4 Solomonson	11.8 Mooney	12.06 Spencer
<b>800m Run</b>	2:02.9 Sheldon, H	2:04.7 Sheldon, C	1:58.4 Sheldon, H	1:55.7 Sheldon, W	1:53.41 Sheldon, W	1:54.83 Sheldon, W	2:05.1 Candocia	2:07.78 Candocia
<b>4 x 200m Relay</b>	1:34.3 Borden Defrancesco Heerdegen Leffler	N/A	1:37.2 Bedolla Rhedin Ginakakis Riddle	1:36.5 Bedolla Harris Burdorf Ginakakis	1:38.8 Shaw Fettner Anderson Bryant	1:40.9 Venus Short Guerrero Kremerman	1:40.66 Piagentini Abdullah Rodriguez Solomonson	N/A
<b>400m Dash</b>	49.0 Leffler	N/A Leffler	48.9 Leffler	51.7 Sheldon, W	50.3 Sheldon, W	50.4 Sheldon, W	55.0 Reed	55.37 Meskic
<b>300m IM Hurdles</b>	44.2 Borden	42.9 Jennings	43.4 Borden	42.4 Anderson	43.8 Anderson	47.1 Wheeler	46.9 Wheeler	49.2 Lee, B
<b>1600m Run</b>	4:48.2 Sheldon, H	N/A Sheldon, H	4:17.6 Sheldon, H	4:32.0 Sheldon, W	4:28.1 Sheldon, W	4:35.0 Bahrani	4:36.6 Bahrani	4:36.5 Bahrani
<b>200m Dash</b>	22.1 Heerdegen	22.06 Heerdegen	22.2 Leffler	23.4 Harris	23.5 Sheldon, W	22.7 Sheldon, W	24.8 Mooney	24.5 Spencer
<b>4 x 400m Relay</b>	3:32.8 Downey Heerdegen Leffler Sheldon, H	N/A	3:34.9 Sheldon, C Sheldon, H Borden Sheldon, W	3:34.8 Anderson Burdorf Walsh Sheldon, W	3:30.2 Bryant Burdorf Anderson Sheldon, W	3:36.6 Kim Short Candocia Sheldon, W	3:45.7 Evans Reed Candocia Gorski	3:46.82 Bradford Candocia Meskic Bahrani
<b>High Jump</b>	5'2" Thomas	5'10" Borden	6'0" Borden	5'6" Anderson	5'8" Green/Fettner	5'11" Fettner	5'2" Reed	5'4" Spencer
<b>Long Jump</b>	17'11" Borden	21'10" Bulus	16'4" Mooney	17'1.25" Cho	19'1" Green	19'8.75" Short	18'10.5" Reed	19'6" Bradford
<b>Triple Jump</b>	35'8" Bulus	34'11" Ling, D	39'9.5" Borden	33'7" Hill	37'3.5" Green	38'11.5" Short	39'1" Reed	35'8" Weinberg
<b>Pole Vault</b>	8'6" Defrancesco	N/A	N/A Shaw	13'3" Shaw	13'6" Shaw	14'7" Fettner	13'9" Wheeler	14'8" Wheeler
<b>Shot Put</b>	38'11.5" Chattin	44'7.75" Schwinke	42'3" Abboreno	43'7" Walsh	41'8.5" Walus	47'4" Walsh	43'2.5" McMinn	47'1" McMinn
<b>Discus Throw</b>	92'2" Chattin	133' Schwinke	141'11" Abboreno	114'10" Kennedy	117' Duh	119' Schaar	131'3" Park	141'4" Park

### Vernon Hills High School Season Records

Event	2009	2010	2011	2012	2013	2014	2015	2016
4 x 800m Relay	8:52.0 Thompson Lang P. Hayibor Langer	8:47.5 Baek S. Alexander Lang Thompson	8:55 Lichtenstein Whitney Bai Mohrdieck					
4 x 100m Relay	44.8 Bradford Meskic Alper Spencer	44.02 Bradford Meskic Cotton Spencer	46.7 Campbell Kucharz Veloz, R Cotton					
3200m Run	11:13.0 Thompson	10:05.3 Thompson	10:10.98 Flynn					
110m High Hurdles	20.0 Bauman	18.3 Nathaniel	17.5 Galinovskiy					
100m Dash	11.2 Spencer	10.9 Spencer	11.2 Meskic					
800m Run	2:06.6 Lang	2:00.6 Thompson	2:06.84 Mohrdieck					
4 x 200m Relay	1:37.8 Alper Meskic Bradford Spencer	1:34.2 Cotton Jaskowski Meskic Spencer	1:38.59 Campbell Veloz, R Kucharz Cotton					
400m Dash	53.0 Meskic	51.23 Meskic	50.49 Meskic					
300m IM Hurdles	47.5 Nathaniel	46.6 Nathaniel	44.7 Galinovskiy					
1600m Run	4:33.1 Thompson	4:23.95 Thompson	4:49.9 Mohrdieck					
200m Dash	23.1 Spencer	22.6 Meskic	22.2 Meskic					
4 x 400m Relay	3:39.8 Jaskowski Thompson Meskic Lang	3:40.03 Baek Thompson Lang Meskic	3:42.01 Kasten Hayibor Veloz, J Baek					
High Jump	5'4" Anders	5'7" Alston	5'10" Foley					
Long Jump	20'1.5" Bradford	20'2" Bradford	17'5.75" Kucharz					
Triple Jump	38'1" Alston	38'9" Alston	35'4" Kucharz					
Pole Vault	11'3" Jaskowski	11'6" Jaskowski	11'6" Babin					
Shot Put	43'5.5" R. Guerrero	44'4" Donofrio	40'0.5" Alexander					
Discus Throw	115'6" R. Guerrero	124' R. Guerrero	107'2" Alexander					

