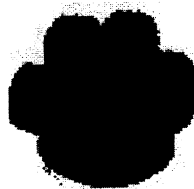


# **Spring Sports Awards Night**



**Vernon Hills High School**



*Tuesday*  
*May 24, 2011*  
*7:00 pm*

**Spring Sports Awards Program  
Tuesday, May 24, 2011**

Welcome & Special Recognitions	Dr. Ellen Cwick
Introduction of Coaches	Mr. Brian McDonald
Varsity Team Accomplishments	
Spring Sports Highlights Video	Mrs. Sandy Flinchum-Martin
All-Academic Athlete Recognition	Mr. Doug Gerber
Three & Twelve Sport Athlete Recognition	Mr. Doug Gerber
Introduction of NSC Sportsmanship Team	Mr. Brian McDonald
Special Awards	

**Senior Awards**

**Cougar Pride Coaches' Awards**

Mr. Spencer Raak, 2010 Recipient  
Ms. Chloe Hough, 2010 Recipient

**Scholar Athlete Awards**

Dr. Ellen Cwick, Principal  
Ms. Laura Emery, 2010 Recipient

**Alan R. Janulis Outstanding Senior Athlete Awards**

Mr. Chris Morgan, 2010 Recipient

**Individual Team Program Locations**

Soph. Baseball	Main Gym East	Boys' Track	Fieldhouse A
Fr. Baseball	Main Gym West	Girls' Track	IRC
Boys' Lacrosse	Gymnastics Gym	JV & Fr. Soccer	Library
Girls' Lacrosse	Wrestling Gym	Boys' Water Polo	1201
V. Girls' Soccer	Studio Theatre	Girls' Water Polo	Choir Room
Boys' Tennis	Auditorium	JV Softball	Fieldhouse C
		Freshman Softball	Room 0213

**VHHS SPRING COACHING STAFF  
2011**

**BASEBALL**

Jason Czarnecki  
Kurt Erickson  
Marshall Erickson  
Brett Hill  
Chris Walsh  
Dave Schroetter  
Larry Watts  
Jason Acevedo  
Rick Hill

**GIRLS' LACROSSE**

Bob Thompson  
David Darden  
Erin Gilhart  
Kyle Gehrke

**GIRLS' SOCCER**

Vince DeLuca  
Al Beard  
Lindsay Mathiesen  
Kevin Thunholm  
Laura Nardini  
Allison Thoren

**BOYS' WATER POLO**

Patrick Costello  
Adam Lueken

**GIRLS' WATER POLO**

Shona Moeller  
Laura Tracy

**BOYS' TENNIS**

Doug Gerber  
Bill Killinger  
Shannon Etnyre

**BOYS' LACROSSE**

Brian Miller  
Curtis Fowle  
Tom Deimel

**BOYS' TRACK & FIELD**

Jeff Morello  
Corey Atwell  
Ross Caton  
Michael Roberts  
Gabe Cotton

**GIRLS' TRACK & FIELD**

Jason Rush  
Chris Wolff  
Matt Clifford  
Katie Brzezinski

**BOYS' VOLLEYBALL**

Chris Curry  
Charles Mann  
Paul Zickert  
Thom Koch, Jr.  
Jenny Smith

**SOFTBALL**

Steven Korney  
Mike Moran  
Alyssa Tangney  
Pat Chillemi  
Colin Mason  
Jennifer Fijalkowski  
Paul Friedrich  
Andrew Westerman

**SPECIAL OLYMPICS**

Andy Compton  
Jim Rogers

**ATHLETIC DIRECTOR**

Brian McDonald

**ASSISTANT ATHLETIC DIRECTOR**

Christopher Curry

**ATHLETIC TRAINERS**

Kirsten Rous

Joe Payawal

Kristy Morman

**ATHLETIC SECRETARY**

Kathy Catanzaro

Suzanne Richert

## **Alan R. Janulis Outstanding Senior Athlete Award**

The athletes chosen, one male and one female, possess outstanding athletic ability when compared with other athletes competing during the year. They have made significant contributions to VHHS athletic programs.

In addition to athletic ability, the athletes demonstrate traits of leadership within the team of participation. Finally, the athletes are good citizens, showing dependability and exemplary character in all school environments.

## **Cougar Pride Coaches' Award**

The athletes chosen, one male and one female, should possess a tremendous team-first attitude. Playing time is not a major factor – this is the player coaches love to have on their team because they come to practice every day with spirit, enthusiasm, a great work ethic, and a positive attitude.

In addition to team contributions, the athletes are good citizens, showing dependability and exemplary character in all school environments.

## **Senior Scholar-Athlete Award**

This award is given to the athletes, one male and one female, with the highest overall GPA that has participated in a minimum of two seasons of athletics during both their junior and senior years.



**VERNON HILLS HIGH SCHOOL  
CELEBRATES ITS  
ALL-ACADEMIC SELECTIONS**

The following Juniors and Seniors have achieved a 3.5 G.P.A. (on a 4.0 weighted or unweighted scale) in addition to earning a Varsity Letter in their respective sports.

**Congratulations to:**

**BASEBALL**

Chris Argianas  
MJ Crowley  
Ryan Lane  
Eric Lang  
Jordan Levine  
Jay Miller  
Steven Nelson  
Brian Palmer

**BOYS' VOLLEYBALL**

Joseph Ho

**BOYS' TENNIS**

Matthew Gwin  
Darren Hoveydai  
Daniel Kang  
Zack Lee  
Jae Shin  
Paul Woo

**GIRLS' WATER POLO**

Lina Alsamsam  
Dana Andrea  
Jane Chen  
Katrina Coco  
Anna Lebedzinski  
Grace Lee  
Genaveve Lopez  
Kaitlin Manning  
Ellie Silver

**SOFTBALL**

Rebecca Feld  
Samantha Freibrun  
Michelle Harris  
Neha Manchanda  
Megan Meline  
Anya Mollenhauer  
Nicole Wagner

**BOYS' LACROSSE**

Timothy Claussen  
Kyle Cotteleer  
Michael Glover  
Alexander Guletsky  
Tyler Peterson  
Jack Rieke

**BOYS' TRACK & FIELD**

James Baek  
Thomas Flynn  
Ian Hough  
Adnan Meskic

**GIRLS' TRACK & FIELD**

Kelly Firnbach  
Abigail Letts  
Rachel Lira  
Taylor Rigwood  
Stacy Rowland

**GIRLS' SOCCER**

Leah Kelly  
Marylena Lehocky  
Julie Pecht  
Anne Starykowicz

**BOYS' WATER POLO**

Mark Genchanok  
Daniel Kocoj  
David Kocoj  
Dennis Lee  
Marc Madore

**GIRLS' LACROSSE**

Christine Currie  
Molly Gilhart  
Erin Keller  
Sarah Lehman  
Nicole Nathanson  
Carly Shless  
Erin Steele

**VERNON HILLS HIGH SCHOOL  
CELEBRATES ITS  
3 AND 12 SPORT ATHLETES  
2010-2011**

**SENIORS- 12 SPORT ATHLETES**

Brian Berzanski	Football, Basketball, Baseball
Jessica Echales	Cheerleading, Swim & Dive, Gymnastics, Lacrosse, Track & Field
Rebecca Feld	Volleyball, Cross Country, Basketball, Softball
Kelly Firnbach	Volleyball, Cross Country, Basketball, Softball, Track & Field
Nicholas Garpow	Cross Country, Bowling, Volleyball
Kathryn Redig	Pom Poms, Soccer
Jack Rieke	Golf, Bowling, Hockey, Track & Field, Lacrosse
Ellie Silver	Swim & Dive, Cheerleading, Basketball, Water Polo

**3 SPORT ATHLETES**

**SENIORS**

Christopher Argianas	Football, Basketball, Baseball
Polly Kalantzis	Swim & Dive, Gymnastics, Soccer
Adnan Meskic	Cross Country, Swim & Dive, Track & Field

**JUNIORS**

Marc Alexander	Football, Wrestling, Track & Field
Timothy Claussen	Football, Wrestling, Lacrosse
MJ Crowley	Football, Basketball, Baseball
Wayne Didier	Football, Wrestling, Lacrosse
Bradley Feinman	Hockey (F), Hockey (W), Lacrosse
John Foley	Football, Basketball, Baseball
Jake Goldwater	Hockey (F), Hockey (W), Lacrosse
Daniel Klema	Football, Wrestling, Track & Field
Abbie Letts	Cross Country, Gymnastics, Track & Field
Nathan Lightman	Soccer, Swim & Dive, Water Polo
Nic McAdams	Cross Country, Swim & Dive, Track & Field
Megan Meline	Volleyball, Cheerleading, Softball
Allisa Menotti	Cheerleading (F), Cheerleading (W), Soccer
Taylor Pearson	Cheerleading (F), Cheerleading (W), Track & Field
Julie Pecht	Volleyball, Basketball, Soccer
Jasmine Rathod	Pom Poms (F), Pom Poms (W), Soccer
Kara Sage	Cheerleading (F), Cheerleading (W), Soccer
Kyle Small	Cross Country, Swim & Dive, Water Polo

## SOPHOMORES

Agnes Antczak	Cheerleading (F), Cheerleading (W), Soccer
Oleg Babin	Cross Country, Wrestling, Track & Field
Brianna Bahlmann	Volleyball, Basketball, Soccer
Evan Borden	Soccer, Basketball, Volleyball
Sabrina Counselbaum	Cheerleading (F), Cheerleading (W), Water Polo
Connor Dickman	Golf, Basketball, Baseball
Nicole Dinelli	Cheerleading (F), Cheerleading (W), Soccer
Zack Eckstrom	Football, Wrestling, Track & Field
TJ Flis	Football, Basketball, Volleyball
Nick Foley	Football, Wrestling, Track & Field
Zack Fullett	Cross Country, Bowling, Tennis
Jake Hallendorff	Football, Wrestling, Track & Field
Nicholas Johnson	Football, Wrestling, Water Polo
Alina Lehocky	Cross Country, Basketball, Soccer
Manny Lucas	Football, Wrestling, Track & Field
Dylan McNamara	Football, Basketball, Baseball
Alissa Miller	Cross Country, Basketball, Soccer
Israel Montelongo	Soccer, Wrestling, Baseball
Tyler Nagle	Cross Country, Wrestling, Track & Field
Brett Peterson	Football, Basketball, Baseball
David Quinn	Golf, Hockey, Baseball
Patrick Quinn	Golf, Hockey, Baseball
Ben Rappaport	Football, Wrestling, Track & Field
Shawn Rieke	Hockey (F), Hockey (W), Lacrosse
Tara Rooney	Cheerleading (F), Cheerleading (W), Track & Field
Andrew Schwarz	Cross Country, Wrestling, Baseball
Jake Segall	Hockey (F), Hockey (W), Lacrosse
Jessica Tomback	Swim & Dive, Gymnastics, Soccer
Rianna Weil	Cheerleading (F), Cheerleading (W), Soccer
Nathanael Wells	Football, Basketball, Track & Field
Melanie Wolf	Cheerleading (F), Cheerleading (W), Softball
Emma Yao	Cheerleading (F), Cheerleading (W), Lacrosse

## FRESHMEN

Weseem Abdullah	Football, Swim & Dive, Lacrosse
Kimberly Amari	Pom Pons (F), Pom Pons (W), Soccer
Caitlin Amidei	Cheerleading (F), Cheerleading (W), Lacrosse
Jason Bowen	Football, Basketball, Volleyball
Lisa Breitenfield	Cheerleading (F), Cheerleading (W), Lacrosse
Ryan Bryson	Soccer, Wrestling, Volleyball
Meghan Calderone	Volleyball, Bowling, Soccer
Ricardo Ceja	Soccer, Wrestling, Track & Field
Jordyn Cotton	Pom Pons (F), Pom Pons (W), Lacrosse
Patrick Crowley	Football, Basketball, Baseball

## FRESHMEN (cont'd)

Lauren Dantes	Cross Country, Gymnastics, Track & Field
Eric Doerhoefer	Soccer, Bowling, Track & Field
Haley Erlich	Cheerleading (F), Cheerleading (W), Soccer
Kyle Erchinger	Football, Basketball, Baseball
Ryan Erchinger	Football, Basketball, Baseball
Alexis Flake	Pom Pons (F), Pom Pons (W), Lacrosse
Josh Hallendorff	Football, Bowling, Baseball
Meagan Hayes	Cheerleading (F), Cheerleading (W), Lacrosse
Shannon Healey	Golf, Basketball, Track & Field
Emilia Jaskowska	Volleyball, Basketball, Soccer
Matthew Kahn	Football, Basketball, Baseball
Emily Katz	Cross Country, Basketball, Soccer
Miguel Limon	Soccer, Wrestling, Track & Field
Saad Maki	Soccer, Swim & Dive, Water Polo
Noah Melcer	Soccer, Bowling, Volleyball
Lily Mularz	Cheerleading (F), Cheerleading (W), Soccer
Kaitlin Neff	Tennis, Gymnastics, Soccer
Nicholas Newman	Football, Wrestling, Baseball
Christopher Nix	Hockey (F), Hockey (W), Lacrosse
Kiran Pendyala	Cross Country, Basketball, Tennis
Mallory Rose	Cross Country, Gymnastics, Track & Field
Hunter Ruder	Cheerleading (F), Cheerleading (W), Track & Field
Nicholas Salerno	Hockey (F), Hockey (W), Baseball
Jose Sanchez	Soccer, Wrestling, Baseball
Zachary Silver	Football, Hockey, Lacrosse
Alison, Skiadas	Pom Pons (F), Pom Pons (W), Track & Field
Yuriy Stepanov	Soccer, Swim & Dive, Water Polo
Danny Strohl	Football, Swim & Dive, Water Polo
Jonathan Veloz	Soccer, Wrestling, Track & Field
Randy Veloz	Soccer, Wrestling, Track & Field
Tyler Wood	Football, Basketball, Lacrosse



**SPRING SPORTS  
INDIVIDUAL AWARDS  
2011**

**BASEBALL**

Chris Argianas	All-North Suburban Conference Selection All-Area Selection, <i>Daily Herald</i>
MJ Crowley	All-North Suburban Conference Selection
Ryan Lane	All-North Suburban Conference Honorable Mention
Chris Marras	All-North Suburban Conference Selection All-Area Selection, <i>Daily Herald</i>
Brian Palmer	All-North Suburban Conference Selection

**GIRLS' LACROSSE**

Jihee Choi	IHSWLA North Suburban All-Conference, 1 <sup>st</sup> Team
Christie Currie	IHSWLA North Suburban All-Conference, 1 <sup>st</sup> Team
Sarah Lehman	IHSWLA North Suburban All-Sportsman Team
Nikki Nathanson	IHSWLA North Suburban All-Conference, 2 <sup>nd</sup> Team
Jessica Westman	IHSWLA North Suburban All-Conference, 2 <sup>nd</sup> Team

**GIRLS' SOCCER**

Courtney Corrado	All-North Suburban Conference Selection All-Area Honorable Mention Selection, <i>Daily Herald</i>
Alex Goldstein	All-North Suburban Conference Selection All-Area Selection, <i>Daily Herald</i>
Iris Ostrovsky	All-North Suburban Conference Selection All-Area Honorable Mention Selection, <i>Daily Herald</i>
Julie Pecht	All-North Suburban Conference Selection IHSA All-Sectional Selection All-Area Selection, <i>Daily Herald</i>
Kathryn Redig	All-North Suburban Conference Selection
Heidi VanderBloomer	All-North Suburban Conference Honorable Mention All-Area Honorable Mention Selection, <i>Daily Herald</i>

**GIRLS' WATER POLO**

Dana Andrea	All-North Suburban Conference Selection IHSA All-Sectional, 1 <sup>st</sup> Team IWPCA All-State, 4 <sup>th</sup> Team
Anna Lebieczinski	All-North Suburban Conference Honorable Mention
Gena Lopez	All-North Suburban Conference Honorable Mention
Ellie Silver	All-North Suburban Conference Selection IHSA All-Sectional, 2 <sup>nd</sup> Team

**BOYS' WATER POLO**

Mark Genchanok	All-North Suburban Conference Honorable Mention
Marc Madore	All-North Suburban Conference Honorable Mention
Vinh Tran	All-North Suburban Conference Selection

**SPRING SPORTS  
INDIVIDUAL AWARDS  
2011**

**GIRLS' TRACK & FIELD**

Zoe Eldridge	All-North Suburban Conference 3 <sup>rd</sup> Place Medalist (4 x 800 Relay) All-North Suburban Conference 8 <sup>th</sup> Place Medalist (800m Run) IHSA Sectional 3 <sup>rd</sup> Place Medalist (4 x 800 Relay) IHSA Sectional 6 <sup>th</sup> Place Medalist (800m Run)
Danielle Fiarito	All-North Suburban Conference 3 <sup>rd</sup> Place Medalist (4 x 800 Relay) IHSA Sectional 3 <sup>rd</sup> Place Medalist (4 x 800 Relay)
Kelley Gallagher	All-North Suburban Conference 6 <sup>th</sup> Place Medalist (1600m run) All-North Suburban Conference Champion (1600m Run) All-North Suburban Conference 3 <sup>rd</sup> Place Medalist (4 x 800 Relay) IHSA Sectional 3 <sup>rd</sup> Place Medalist (4 x 800 Relay) IHSA Sectional 2 <sup>nd</sup> Place Medalist (1600m Run) IHSA All-State 4 <sup>th</sup> Place Medalist (1600m Run)
Shannon Healey	All-North Suburban Conference 6 <sup>th</sup> Place Medalist (Triple Jump) IHSA Sectional 3 <sup>rd</sup> Place Medalist (Triple Jump) IHSA Sectional 3 <sup>rd</sup> Place Medalist (High Jump)
Taylor Krue	All-North Suburban Conference Champion (4 x 400 Relay) All-North Suburban Conference 2 <sup>nd</sup> Place Medalist (4x200 Relay) All-North Suburban Conference 3 <sup>rd</sup> Place Medalist (4 x 100 Relay) All-North Suburban Conference 4 <sup>th</sup> Place Medalist (400m Dash) IHSA Sectional Champion (4 x 400 Relay) IHSA Sectional 2 <sup>nd</sup> Place Medalist (4 x 200 Relay) IHSA Sectional 2 <sup>nd</sup> Place Medalist (4 x 100 Relay) IHSA All-State 3 <sup>rd</sup> Place Medalist (4 x 400 Relay)
Abbie Letts	All-North Suburban Conference 3 <sup>rd</sup> Place Medalist (4 x 800 Relay) IHSA Sectional 3 <sup>rd</sup> Place Medalist (4 x 800 Relay)
Rachel Lira	All-North Suburban Conference 3 <sup>rd</sup> Place Medalist (4 x 100 Relay) All-North Suburban Conference 6 <sup>th</sup> Place Medalist (100m Dash) IHSA Sectional 2 <sup>nd</sup> Place Medalist (4 x 100 Relay)
Ali Marks	All-North Suburban Conference 4 <sup>th</sup> Place Medalist (3200m Run) IHSA Sectional 5 <sup>th</sup> Place Finalist (3200m Run)
Ali Peacock	All-North Suburban Conference Champion (4 x 400 Relay) All-North Suburban Conference 2 <sup>nd</sup> Place Medalist (4x200 Relay) All-North Suburban Conference 3 <sup>rd</sup> Place Medalist (4 x 100 Relay) All-North Suburban Conference 7 <sup>th</sup> Place Medalist (300m Hurdles) IHSA Sectional Champion (4 x 400 Relay) IHSA Sectional 2 <sup>nd</sup> Place Medalist (4 x 200 Relay) IHSA Sectional 6 <sup>th</sup> Place Medalist (300m Hurdles) IHSA Sectional 2 <sup>nd</sup> Place Medalist (4 x 100 Relay) IHSA All-State 3 <sup>rd</sup> Place Medalist (4 x 400 Relay)

**SPRING SPORTS  
INDIVIDUAL AWARDS  
2011**

**GIRLS' TRACK & FIELD (cont'd)**

Shannon Nugent

All-North Suburban Conference Champion (High Jump)

IHSA Sectional 2<sup>nd</sup> Place Medalist (High Jump)

IHSA All-State 9<sup>th</sup> Place Medalist (High Jump)

Taylor Pearson

All-North Suburban Conference Champion (4 x 400 Relay)

All-North Suburban Conference 2<sup>nd</sup> Place Medalist (4x200 Relay)

All-North Suburban Conference 6<sup>th</sup> Place Medalist (400m Dash)

IHSA Sectional 2<sup>nd</sup> Place Medalist (4 x 200 Relay)

IHSA Sectional 3<sup>rd</sup> Place Medalist (400m Dash)

IHSA All-State 3<sup>rd</sup> Place Medalist (4 x 400 Relay)

Kara Sage

All-North Suburban Conference 3<sup>rd</sup> Place Medalist (4 x 100 Relay)

IHSA Sectional 2<sup>nd</sup> Place Medalist (4 x 100 Relay)

Alli Tran

All-North Suburban Conference Champion (4 x 400 Relay)

All-North Suburban Conference 2<sup>nd</sup> Place Medalist (4x200 Relay)

All-North Suburban Conference 4<sup>th</sup> Place Medalist (Long Jump)

All-North Suburban Conference 5<sup>th</sup> Place Medalist (100m Hurdles)

IHSA Sectional Champion (4 x 400 Relay)

IHSA Sectional 2<sup>nd</sup> Place Medalist (4 x 200 Relay)

IHSA Sectional Champion (Long Jump)

IHSA Sectional 4<sup>th</sup> Place Medalist (100m Hurdles)

IHSA All-State 3<sup>rd</sup> Place Medalist (4 x 400 Relay)

**SOFTBALL**

Jennifer Claussen

All-North Suburban Conference Selection

Jordyn Comitor

All-North Suburban Conference Selection

All-Area Honorable Mention Selection, *Daily Herald*

Samantha Freibrun

All-North Suburban Conference Honorable Mention

Michelle Harris

All-North Suburban Conference Honorable Mention

Megan Meline

All-North Suburban Conference Selection

All-Area Selection, *Daily Herald*

Anya Mollenhauer

All-North Suburban Conference Selection

All-Area Honorable Mention Selection, *Daily Herald*

Caitlin Sernett

All-North Suburban Conference Selection

All-Area Honorable Mention Selection, *Daily Herald*

**BOYS' TENNIS**

Darren Hovey dai

All-North Suburban Conference 5<sup>th</sup> Place Medalist (2<sup>nd</sup> Doubles)

Ismail Kadyrov

All-North Suburban Conference 4<sup>th</sup> Place Medalist (1<sup>st</sup> Singles)

IHSA All-Sectional 4<sup>th</sup> Place Medalist (1<sup>st</sup> Singles)

IHSA State Qualifier

Andrew Knesley

All-North Suburban Conference 5<sup>th</sup> Place Medalist (2<sup>nd</sup> Doubles)

Zack Lee

All-North Suburban Conference 4<sup>th</sup> Place Medalist (2<sup>nd</sup> Singles)

SPRING SPORTS  
INDIVIDUAL AWARDS  
2011

BOYS' VOLLEYBALL

Mikey Kelly  
Garrett Kubacki

Martin Niemczewski

Justin Opitz

Thomas Robinson

All-North Suburban Conference Honorable Mention  
All-North Suburban Conference Selection  
All-Area Selection, *Daily Herald*  
All North-Suburban Conference Selection  
All-Area Selection, *Daily Herald*  
All-North Suburban Conference Selection  
All-Area Selection and Player of the Year, *Daily Herald*  
*Chicago Sun Times*, All-Area/All-State 1<sup>st</sup> Team  
All-North Suburban Conference Selection  
All-Area Selection, *Daily Herald*

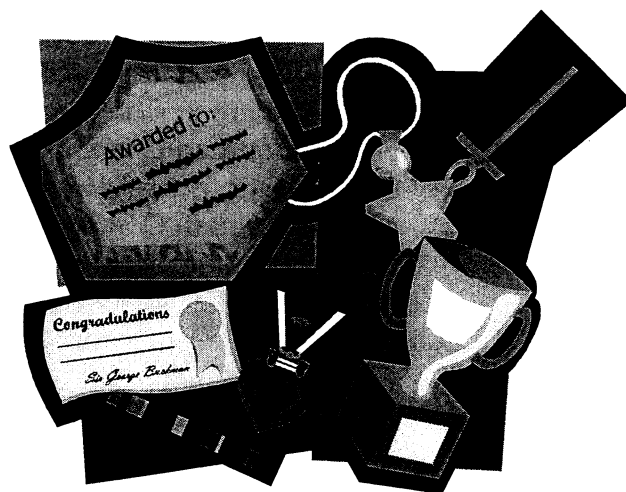
BOYS' TRACK & FIELD

Gabe Cotton

Thomas Flynn  
Adnan Meskic

Nick Foley

All-North Suburban Conference 5<sup>th</sup> Place Medalist (200M Dash)  
IHSA All-Sectional 2<sup>nd</sup> Place Medalist (200m Dash)  
All-North Suburban Conference 6<sup>th</sup> Place Medalist (3200 Run)  
IHSA All-Sectional Champion (400m Dash)  
IHSA All-Sectional 4<sup>th</sup> Place Medalist (200m Dash)  
IHSA All-Sectional 4<sup>th</sup> Place Medalist (High Jump)



VERNON HILLS HIGH SCHOOL  
CELEBRATES ITS  
NSC SPORTSMANSHIP SELECTIONS

These athletes show great pride in representing their school and community. They demonstrate respect for their opponents, teammates, coaches and officials and consistently compete with a team first attitude. They are, without fail and without prompting, unselfish, team-first Cougar athletes.

Congratulations to:

BASEBALL

Chris Argianas

GIRLS' SOCCER

Courtney Corrado

SOFTBALL

Rebecca Feld

BOYS' TENNIS

Darren Hovey dai

BOYS' TRACK & FIELD

James Baek

GIRLS' TRACK & FIELD

Tara Rooney

BOYS' VOLLEYBALL

Mikey Kelly

BOYS' WATER POLO

Mark Genchanok

GIRLS' WATER POLO

Ellie Silver



VERNON HILLS HIGH SCHOOL  
2011  
SPRING SEASON SUMMARY

Varsity Baseball

Coaches: Jason Czarnecki Kurt Erickson Marshall Erickson Brett Hill	Season Record:	Won 26	Lost 12
	Division Record:	8	4

Date	School	VHHS	Opponent
03/18/11	Northridge Prep	7	1
03/19/11	Chicago Academy	22	1
03/23/11	Waukegan	1	0
03/27/11	Johnsburg	10	3
03/28/11	Anna-Jonesboro	7	2
03/29/11	DuQuoin HS	10	4
03/30/11	Grayslake North	11	6
03/31/11	Harrisburg	7	8
04/05/11	Antioch	16	2
04/06/11	Antioch	4	10
04/07/11	Barrington	7	2
04/09/11	Fenton	5	4
04/12/11	Lakes Community	3	1
04/13/11	Lakes Community	9	10
04/16/11	Elmwood Park	10	9
04/20/11	Grant	4	3
04/21/11	Libertyville	5	10
04/23/11	Crystal Lake Central	5	4
04/29/11	Zion-Benton	5	2
04/30/11	Wheeling	4	0
05/02/11	Mundelein	4	16
05/03/11	Round Lake	12	6
05/04/11	Round Lake	16	2
05/05/11	Grant	14	3
05/07/11	Wauconda	0	10
05/07/11	Ridgewood	6	2
05/09/11	Wauconda	2	3
05/10/11	North Chicago	22	0
05/11/11	North Chicago	16	5
05/14/11	Stevenson	4	5
05/18/11	Warren	4	5
05/19/11	Lake Zurich	0	7
05/21/11	Reavis HS	12	7
05/23/11	Niles West	3	7
05/26/11	IHSA Regional vs. Grayslake North	9	5
05/28/11	IHSA Reg. Final vs. Grayslake Cent.	9	8
05/31/11	St. Viator	7	3
06/02/11	IHSA Sectional vs. Richmond-Burton	0	5

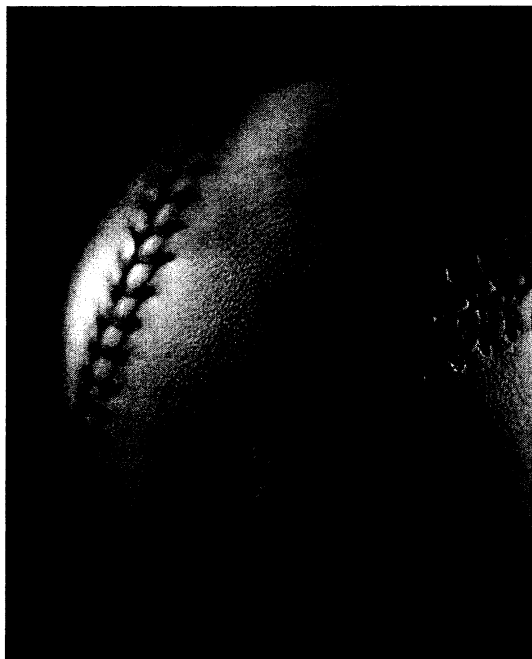
Roster

Timothy Allen  
Chris Argianas  
Brian Berzanski  
Tyler Coppney  
MJ Crowley  
Patrick Crowley  
Richard Cruzado  
Smith Donelon  
Tyler Feece  
John Foley  
Austin Hagen  
Ryan Knopoff  
Colin Krippinger  
Ryan Lane  
Eric Lang  
Jordan Levine  
Chris Marras  
Anthony Mazza  
Jay Miller  
Steven Nelson  
Brian Palmer

## Varsity Baseball (continued)

The 2011 Cougar Varsity Baseball team has worked very hard to improve each and every day. We have played a very challenging schedule. Although we did not win the division, we have had a good season. We set records for the best start in program history. We have won over 20 games for the 5<sup>th</sup> straight season. We have earned the number 1 seed in the Lakes Regional. We currently have 23 wins which puts us two short of the all-time win record. We hope to surpass that record as we finish the season and challenge for a regional crown. We have also had many great baseball experiences, such as the spring break trip, which have made this season unique. We all appreciate the extra effort our parents have made to make this a special season. Thanks for the great season.

Coach Czarnecki



# **Regional Champions!!!**

VERNON HILLS HIGH SCHOOL  
2011  
SPRING SEASON SUMMARY  
Sophomore Baseball

Coaches: Chris Walsh Jason Acevedo	Season Record:	Won 14	Lost 11
	Conference Record:	9	7
	Division Record:	8	5

Date	School	VHHS	Opponent
03/17/11	Waukegan	6	7
03/18/11	Northridge Prep	14	1
03/28/11	Cougar Classic	8	7
	Grayslake North Zion-Benton	8	7
03/29/11	Waukegan	4	9
04/05/11	Antioch	4	6
04/06/11	Antioch	7	6
04/07/11	Barrington	5	9
04/12/11	Lakes Community	1	5
04/13/11	Lakes Community	0	7
04/20/11	Grant	4	9
04/21/11	Libertyville	3	7
04/23/11	Crystal Lake Central	4	14
04/29/11	Zion-Benton	9	4
04/30/11	Wheeling	10	0
05/02/11	Mundelein	4	3
05/03/11	Round Lake	8	3
05/04/11	Round Lake	18	1
05/05/11	Grant	16	1
05/06/11	Grayslake North	11	9
05/07/11	Wauconda	7	3
05/09/11	Wauconda	0	7
05/10/11	North Chicago	13	1
05/11/11	North Chicago	15	6
05/18/11	Warren	3	4

**Roster**

Kevin Davis  
Connor Dickman  
Jarrett Henson  
Samuel Maloof  
Ethan McGrew  
Dylan McNamara  
Eric Meiller  
Israel Montelongo  
Patrick Newman  
Brett Peterson  
David Quinn  
Patrick Quinn  
James Roussel  
Andrew Schwarz  
Bryan Thiel-Cygan

We finished the season strong with big wins over Mundelein and Wauconda. The team learned about the fine line between winning and losing and how their performances attribute to the team's success or failure. Overall, a solid season above .500. This team is looking forward to contributing to the future success of the program.

I appreciated the opportunity to see these players grow both as individuals and teammates.

Coach Walsh

VERNON HILLS HIGH SCHOOL  
2011  
SPRING SEASON SUMMARY

Freshman A Baseball

Coaches: Dave Schroetter Larry Watts Rick Hill	Season Record:	Won 6	Lost 14
	Division Record:	3	7

Date	School	VHHS	Opponent
04/05/11	Antioch	1	13
04/06/11	Antioch	7	10
04/07/11	Barrington	17	9
04/12/11	Lakes Community	0	10
04/13/11	Lakes Community	5	7
04/20/11	Grant	8	14
04/21/11	Libertyville	1	9
04/23/11	Crystal Lake Central	3	11
04/29/11	Zion-Benton	18	0
04/30/11	Wheeling	4	1
05/02/11	Mundelein	1	7
05/03/11	Round Lake	16	0
05/04/11	Round Lake	16	5
05/05/11	Grant	4	5
05/06/11	Grayslake North	4	11
05/07/11	Wauconda	20	8
05/09/11	Wauconda	3	5
05/18/11	Warren	9	10
05/21/11	Waukegan Tournament		
	Palatine	1	8
	St. Patrick	4	7

Roster

Afraaz Ahmed  
Jacob Boyer  
Jon Campbell  
Kyle Erchinger  
Ryan Erchinger  
Ryan Fasbinder  
Jacob Feece  
Jordan Freibrun  
Christopher Friday  
John Goehrke  
Joshua Hallendorff  
Joshua Harris  
Jeffrey Horwitz  
Matthew Kahn  
Michael Lucarz  
Grant Miller  
Nicholas Newman  
Nicholas Papini  
Jordan Reich  
Nicholas Salerno  
Jose Sanchez  
Mickey Skinner  
James Swanson

VERNON HILLS HIGH SCHOOL  
2011  
SPRING SEASON SUMMARY

Freshman B Baseball

Coaches: Dave Schroetter Larry Watts Rick Hill	Season Record:	Won 4	Lost 11
	Division Record:	1	5

<u>Date</u>	<u>School</u>	<u>VHHS</u>	<u>Opponent</u>
04/07/11	Barrington	0	10
04/11/11	Wauconda	1	3
04/14/11	Grayslake Central	0	15
04/23/11	Crystal Lake Central	8	5
04/25/11	Wauconda	3	1
04/29/11	Zion-Benton	10	8
05/02/11	Mundelein	4	5
05/03/11	Lakes Community	0	10
05/04/11	Lakes Community	5	15
05/06/11	Grayslake North	8	17
05/09/11	Grayslake Central	11	1
05/10/11	Carmel	8	10
05/16/11	Antioch	2	12
05/17/11	Antioch	10	16
05/18/11	Warren	0	10

This year we fielded two levels of freshman baseball. We had 24 players who played at a very competitive level both in and out of conference. The boys put in a lot of time early in the morning at the beginning of the season and a lot of cold hours out on the field. Coach Watts, Coach Hill, and I feel that there was a lot learned over the course of the season. We also hope that the boys continue to play baseball and keep improving so that as seniors they can travel downstate to compete at the highest level in high school baseball. We are very proud of the accomplishments of each player over the course of the season. Go Cougars!

Coach Schroetter, Coach Watts, and Coach Hill

VERNON HILLS HIGH SCHOOL  
2011  
SPRING SEASON SUMMARY

Boys' Lacrosse

Coaches: Brian Miller  
Curtis Fowle  
Tom Deimel

Roster

Frosh/Soph

Weseem Abdullah  
Salvador Abonce  
Logan Goshorn  
Bill Kim  
Jonathon Marino  
Douglas Millar  
Neil Patel  
Pascual Rodarte  
Ramon Rodarte  
Bradley Rogers  
Michael Schuck  
Zachary Silver  
Michael Tatone  
Nathan Uriostegui  
Cody Weiske  
Parker Wilgus  
Brandon Young  
Bumsik Yun  
Brandon Zirzow

Logan Nelson, mgr.

JV

David Castro  
William Draper  
Thomas Dubinski  
Joseph Faia  
Jake Goldwater  
Brett Greenberg  
Christopher Gutzler  
Tony Hsu  
Russell Hutson  
Jason Jurado  
Zachary Kind  
Kurt Kozak  
Jeremy Levy  
Joseph Mariella  
Christopher Nix  
Dylan Patel  
Brian Pschirrer  
Shawn Rieke  
Jacob Segall  
Craig Smith  
Tyler Wood  
Maksim Zaprahayeu

Varsity

Tyler Amidei  
Zachary Berman  
Phillip Brown  
Cody Christie  
Timothy Claussen  
Kyle Cotteleer  
Wayne Didier  
Bradley Feinman  
Samuel Fink  
Dylan Gatz  
Michael Glover  
Alexander Guletsky  
William Hoffmann  
Christopher Lannan  
Eric Lee  
Tyler Peterson  
Oscar Ramirez  
Jack Rieke  
Daniel Schnar  
Grady Skeoch  
Alyssa Gentile, mgr.  
Alison Salazar, mgr.

The Vernon Hills Lacrosse team this year had a great season. We had a ton of growth in the program and are looking forward to the challenge of improving in the next few years. Last year we had 27 kids and only a JV team, this year we had 60 players and 3 teams (Freshman, JV, Varsity). Out of the 60 players 41 of them were either freshman or first year players. We will be only graduating 7 players and only one 4 year player. The amount of growth made the season a success regardless of what happened during the season. The program is very young and hungry to get better; with so many new players it was amazing to watch how quickly the new guys picked up the sport and became contributors to the program. We will continue to increase the number of players and work to develop this young team into a solid winning program. I would like to thank the parents for being supportive of the program and being so helpful this year. We will miss our seniors, they did a great job being true leaders for our younger players. Thanks to everyone for another great season!

Coaches Brian Miller, Curtis Fowle, and Tom Deimel

VERNON HILLS HIGH SCHOOL  
2011  
SPRING SEASON SUMMARY

Varsity Girls' Lacrosse

Coaches: Bob Thompson David Darden	League:	Won 1	Lost 4
	Conference:	2	14
	Overall:	2	14

Date	School	VHHS	Opponent
03/19/11	Evanston Twp.	7	16
04/06/11	Lake Zurich	8	18
04/09/11	Libertyville	2	14
04/09/11	Neuqua Valley	6	22
04/13/11	Lake Forest	7	14
04/21/11	Warren	12	7
04/25/11	Glenbrook North	9	12
04/28/11	Stevenson	10	12 (OT)
04/29/11	Palatine	7	19
04/30/11	Nazareth Academy	4	15
05/02/11	St. Ignatius	8	18
05/03/11	Deerfield	11	14
05/04/11	Glenbard West	8	16
05/06/11	Barrington	11	16
05/12/11	Libertyville	DNF	
05/17/11	IHSWLA Sectional Quarter-finals vs. Warren	18	11
05/19/11	IHSWLA Sectional Semi-finals vs. Libertyville	6	7

**Roster**

Jihee Choi  
Christine Currie  
Molly Gilhart  
Lauren Hernandez  
Erin Keller  
Jiwon Lee  
Sarah Lehman  
Natalie Melton  
Nicole Nathanson  
Christina Pasquesi  
Meghan Paul  
Carly Shless  
Erin Steele  
Jessica Westman  
Lindsey Yacullo

The 2011 Varsity team's season was a tough one to say the least, with victories coming over Warren, once in conference play and the second in the Sectional Quarter-Finals. The team, although having 8 Seniors on the roster, was still a young team with only 5 of the Seniors having played Varsity previously. The Juniors helped lead the team offensively and the Seniors and one lone Junior gave their all to keep us in every game on the defensive side. We will miss our Seniors and look forward to our upcoming Sophomores and Freshman.

Coach Thompson & Coach Darden

VERNON HILLS HIGH SCHOOL  
2011  
SPRING SEASON SUMMARY

JV1 Girls' Lacrosse

Coach: Erin Gilhart	League:	Won 2	Lost 3	Tie 0
	Conference:	5	6	0
	Overall:	6	7	1

Date	School	VHHS	Opponent
04/06/11	Lake Zurich	6	13
04/09/11	Libertyville	7	8
04/09/11	Neuqua Valley	5	6
04/13/11	Lake Forest	4	12
04/21/11	Warren	6	2
04/29/11	Palatine	13	10
04/30/11	Nazareth Academy	13	15 (OT)
05/03/11	Deerfield	8	5
05/04/11	Glenbard West	5	9
05/07/11	Neuqua Valley Tournament		
	Evanston	5	5
	New Trier	1	14
	Fenwick	5	2
05/10/11	Conant	13	7
05/12/11	Libertyville	11	8

**Roster**

Jenny Baek  
Kristi Baik  
Jordyn Cotton  
Shelby Frazer  
Katelyn Gerlach  
Rachel Jacoby  
Lauren Lee  
So Hee Park  
Erika Peepo  
Claire Repsholdt  
Lindsey Rickard  
Angelica Sisalima  
Alena Skaria  
Emma Yao

The JV1 Girls' Lacrosse team showed tremendous growth throughout the 2011 season. Early on, we faced some very difficult opponents, resulting in a few close losses. After the first couple of games the girls seemed to find their rhythm and figure out what worked for them on the field. They really showed drive to improve their individual skills as well as their ability to work together as a team. Even with all the last minute cancellations of games and changing practice times dues to the weather, the girls maintained focus and it showed in the games. Our season ended with 6 wins, 7 losses, and 1 tie. A few memorable games included bringing Nazareth Academy into overtime and winning our last game against Libertyville.

Coach Gilhart