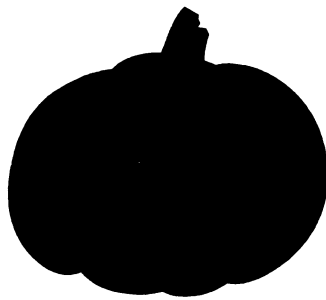


# Fall Sports Awards Night



*Vernon Hills High School*



*Tuesday  
November 15, 2011  
7:00 pm*

# FALL SPORT AWARDS NIGHT

## Tuesday, November 15, 2011

Welcome	Brian McDonald
Cougar Athletic Boosters	Bruce Mahrenholz
Remarks	Brian McDonald
Introduction of Assistant Coaches and NSC All-Academic Selections	Chris Curry
Introduction of NSC Sportsmanship Team	Brian McDonald
Introduction of Head Coaches	Brian McDonald

### Head Coaches' Comments

Girls' Cross Country.....	Suzanne Richert
Boys' Cross Country.....	Michael Roberts
Cheerleading.....	Shaunna Rivera
Boys' Soccer.....	Shannon Etnyre
Pom Pons.....	Beth Richards
Girls' Swim & Dive.....	Kedric Greenawalt
Boys' Golf.....	Shawn Healey
Girls' Volleyball.....	Abbie Gutzmer
Girls' Golf.....	Jim Seward
Football.....	Tony Monken
Girls' Tennis.....	Doug Gerber

Fall Highlight Video	Sandra Flinchum-Martin
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### Breakout Locations

Cheerleaders	Fieldhouse C
Boys' Golf	Fieldhouse A
Girls' Golf	Library Classroom
Boys' Cross Country	Choir Room
Girls' Cross Country	Library- South End
Boys' Soccer- all levels	Studio Theatre
Girls' Swim & Dive	Band Room
Girls' Volleyball- Varsity	Wrestling Gym
Sophomore	Room 0202
Freshman	Room 2309
Girls' Tennis	Gymnastics Gym
Football- Freshman	Room 1201
Sophomore	IRC

# VHHS FALL COACHING STAFF 2011

## CHEERLEADING

Shaunna Rivera  
Nisha Mkrdichian

## BOYS' CROSS COUNTRY

Michael Roberts  
Adam Lueken

## GIRLS' CROSS COUNTRY

Suzanne Richert  
Chris Wolf

## FOOTBALL

Tony Monken  
Corey Atwell  
Bill Bellecomo  
Jason Czarnecki  
Tim Dydo  
Meko Miller  
Jason Newburger  
Greg Stilling  
Dave Schroetter  
Kip Baxter  
Todd Gedville  
Brett Hill  
Avelino Cortez  
Jeff Keske  
Adam McCloud  
Josh Ugaste

## BOYS' GOLF

Shawn Healey  
Sean Crevier

## GIRLS' GOLF

Jim Seward  
Mike Moran

## POM PONS

Brittany Redig  
Beth Richards  
Michelle Bastiani  
Tierney Darden

## BOYS' SOCCER

Shannon Etnyre  
Jeff Killinger  
Lindsay Mathiesen  
Laura Nardini

## GIRLS' SWIM & DIVE

Kedric Greenawalt  
Pat Costello  
Shona Moeller  
Toni Pastorino

## GIRLS' TENNIS

Doug Gerber  
Bill Killinger  
Deb Brown-Bryant

## GIRLS' VOLLEYBALL

Abbie Gutzmer  
Paul Zickert  
Karen Kraus  
Alyssa Clarke  
Laura Tracy  
Cathleen Swanson

### ATHLETIC DIRECTOR

Brian McDonald

### ASSISTANT ATHLETIC DIRECTOR

Christopher Curry

### ATHLETIC TRAINERS

Kirsten Rous & Joe Payawal

### ATHLETIC DEPARTMENT ASSISTANTS

Kathy Catanzaro  
Suzanne Richert

**VERNON HILLS HIGH SCHOOL  
CELEBRATES ITS  
ALL-ACADEMIC SELECTIONS**

The following Juniors and Seniors have achieved a 3.5 G.P.A. (on a 4.0 weighted or unweighted scale) in addition to earning a Varsity Letter in their respective sports.

**Congratulations to:**

**BOYS' CROSS COUNTRY**

Oleg Babin  
Daniel Bai  
Daniel Galinovskiy  
Samuel Kasten  
Kyle Small

**FOOTBALL**

Timothy Claussen  
Martin Crowley  
Tyler Flis  
Ian Hough  
Samuel Maloof  
Dylan McNamara  
Jay Miller  
Steven Nelson  
Brett Peterson  
Tyler Peterson  
David Pierce  
Drake Randall  
Nicholas Saliba  
Jeremy Sullivan

**BOYS' GOLF**

Connor Dickman  
Russell Hutson  
Alexander Leigeber  
Patrick Quinn  
Eric Swanson  
Jeremy Szwaya

**GIRLS' GOLF**

Lauren Groody  
Ji Hyun Park

**GIRLS' SWIM & DIVE**

Dana Andrea  
Kathleen Lao  
Grace Lee  
Sarah Lopez  
Kaitlin Manning  
Stacy Rowland  
Jessica Tomback

**CHEERLEADING**

Natalie Chiarello

**GIRLS' CROSS COUNTRY**

Rachel Kucharz  
Abigail Letts  
Alissa Miller  
Tara Rooney  
Kristen Whitney

**BOYS' SOCCER**

Evan Borden  
David Goldberg  
Eric Lang  
Nathan Lightman  
Bradley McGee  
Matthew Tabrizi  
Paul Woo

**GIRLS' TENNIS**

Sanchita Agrawal  
Tanaya Bhardwaj  
Amy Dolan  
Lauren Lee  
Angela Lee  
Priyanka Mangtani  
Amy Sebastian  
Melanie Solheim

**GIRLS' VOLLEYBALL**

Brianna Bahlmann  
Jennifer Claussen  
Christine Currie  
Sarah Lehman  
Rachel Lira  
Kayla Marvin  
Megan Meline  
Shannon Nugent  
Alison Peacock  
Julie Pecht  
Jasmine Tamalunas

**POM PONS**

Elizabeth Chapman  
Marli Levin  
Michelle Nussbaum

**FALL SPORTS  
INDIVIDUAL AWARDS  
2011**

**BOYS' CROSS COUNTRY**

Ben Mohrdieck  
Kyle Whitney

All-North Suburban Conference – 22<sup>nd</sup> Place Medalist  
All-North Suburban Conference – 14<sup>th</sup> Place Medalist

**GIRLS' CROSS COUNTRY**

Danielle Fiarito

All-North Suburban Conference – 12<sup>th</sup> Place Medalist  
IHSA Regional- 4<sup>th</sup> Place Medalist

Melanie Rogers  
Ali Marks

All-North Suburban Conference – 21<sup>st</sup> Place Medalist  
All-North Suburban Conference – 24<sup>th</sup> Place Medalist

**FOOTBALL**

Jeremy Brazil  
Wayne Didier

All-North Suburban Conference Selection  
All-North Suburban Conference Selection  
*Daily Herald* All-Area Selection  
Illinois High School Football Coaches Association Class 5A All-State Selection

Drake Randall

All-North Suburban Conference Selection  
Illinois High School Football Coaches Association Academic All-State Selection

Dustin Rusch  
Jarrett Wood  
MJ Crowley  
Grady Skeoch

All-North Suburban Conference Selection  
All-North Suburban Conference Selection  
All-North Suburban Conference Honorable Mention  
All-North Suburban Conference Honorable Mention

**GIRLS' GOLF**

Lauren Groody

All-North Suburban Conference- 11<sup>th</sup> Place Medalist  
IHSA Sectional Qualifier

**BOYS' GOLF**

Chris Edwards

All-North Suburban Conference- 13<sup>th</sup> Place Medalist  
IHSA Regional Champion

Eric Swanson

All-North Suburban Conference Champion  
IHSA Regional- 4<sup>th</sup> Place Medalist

Jake Zoll

All-North Suburban Conference- 15<sup>th</sup> Place Medalist  
IHSA Regional- 2<sup>nd</sup> Place Medalist  
IHSA Sectional- 3<sup>rd</sup> Place Medalist

**POM PONS**

Elizabeth Chapman  
Kristen Kamman  
Marli Levin  
Michelle Nussbaum  
Liz Slovik

UDA All-Star  
UDA All-Star  
UDA All-Star  
UDA All-Star  
UDA All-Star

**GIRLS' VOLLEYBALL**

Jenn Claussen

All-North Suburban Conference Selection  
*Daily Herald* All-Area Selection

Megan Meline

All-North Suburban Conference Selection  
*Daily Herald* All-Area Selection

Shannon Nugent

All-North Suburban Conference Selection  
*Daily Herald* All-Area Selection

Rachel Lira

All-North Suburban Conference Honorable Mention

# FALL SPORTS INDIVIDUAL AWARDS 2011

## BOYS' SOCCER

Evan Borden

All-North Suburban Conference Selection

*Daily Herald* All-Area Selection

Jeremy Cohen

All-Sectional Honorable Mention Selection

All-North Suburban Conference Selection

*Daily Herald* All-Area Honorable Mention

James Lee

All-North Suburban Conference Honorable Mention

*Daily Herald* All-Area Honorable Mention

Matt Tabrizi

All-North Suburban Conference Honorable Mention

## GIRLS' SWIMMING & DIVING

Dana Andrea

North Suburban Conference: 5<sup>th</sup> Place Medalist- 50 Yard Freestyle

5<sup>th</sup> Place Medalist- 200 Free Relay

4<sup>th</sup> Place Medalist- 400 Free Relay

5<sup>th</sup> Place Medalist- 200 Medley Relay

All-Sectional: 4<sup>th</sup> Place Medalist- 50 Yard Freestyle

4<sup>th</sup> Place Medalist- 200 Freestyle Relay

4<sup>th</sup> Place Medalist- 400 Freestyle Relay

5<sup>th</sup> Place Medalist- 200 Medley Relay

Lisa Cheng

North Suburban Conference: 5<sup>th</sup> Place Medalist- 200 Free Relay

4<sup>th</sup> Place Medalist- 400 Free Relay

All-Sectional: 4<sup>th</sup> Place Medalist- 200 Freestyle Relay

4<sup>th</sup> Place Medalist- 400 Freestyle Relay

Zoe Eldridge

North Suburban Conference: 2<sup>nd</sup> Place Medalist- 100 Yard Freestyle

4<sup>th</sup> Place Medalist- 200 Yard Freestyle

5<sup>th</sup> Place Medalist- 200 Free Relay

4<sup>th</sup> Place Medalist- 400 Free Relay

All-Sectional: 3<sup>rd</sup> Place Medalist- 200 Yard Freestyle

2<sup>nd</sup> Place Medalist- 100 Yard Freestyle

4<sup>th</sup> Place Medalist- 200 Freestyle Relay

4<sup>th</sup> Place Medalist- 400 Freestyle Relay

Summer Hemesath

IHSA State Qualifier- 100 Yard Freestyle & 200 Yard Freestyle

North Suburban Conference: 4<sup>th</sup> Place Medalist- 400 Free Relay

All Sectional: 4<sup>th</sup> Place Medalist- 200 Freestyle Relay

4<sup>th</sup> Place Medalist- 400 Freestyle Relay

Sarah Lopez

North Suburban Conference: 3<sup>rd</sup> Place Medalist- Diving

All-Sectional: 3<sup>rd</sup> Place Medalist- Diving

IHSA State Qualifier- Diving

Yuliya Pomeranets

North Suburban Conference: 5<sup>th</sup> Place Medalist- 200 Medley Relay

All-Sectional: 5<sup>th</sup> Place Medalist- 200 Medley Relay

Kristen Schrems

North Suburban Conference: 5<sup>th</sup> Place Medalist- 200 Free Relay

5<sup>th</sup> Place Medalist- 200 Medley Relay

Alice Zhang

All-Sectional: 5<sup>th</sup> Place Medalist- 200 Medley Relay

North Suburban Conference: 5<sup>th</sup> Place Medalist- 200 Medley Relay

All-Sectional: 5<sup>th</sup> Place Medalist- 200 Medley Relay

## GIRLS' TENNIS

Rachel Jacoby

All-North Suburban Conference- 3<sup>rd</sup> Place Medalist- 2<sup>nd</sup> Doubles

Monica Lozovaty

All-North Suburban Conference- 3<sup>rd</sup> Place Medalist- 2<sup>nd</sup> Doubles

**VERNON HILLS HIGH SCHOOL  
CELEBRATES ITS  
NSC SPORTSMANSHIP SELECTIONS**

These athletes show great pride in representing their school and community. They demonstrate respect for their opponents, teammates, coaches and officials and consistently compete with at team first attitude. They are, without fail and without prompting, unselfish, team-first Cougar athletes.

**Congratulations to:**

**BOYS' CROSS COUNTRY**

Kyle Schrems

**GIRLS' CROSS COUNTRY**

Courtney Umphress

**FOOTBALL**

MJ Crowley

**BOYS' GOLF**

Alex Leigeber

**GIRLS' GOLF**

Lauren Groody

**BOYS' SOCCER**

Eric Lang

**GIRLS' SWIM & DIVE**

Lisa Cheng

**GIRLS' TENNIS**

Amy Sebastian

**GIRLS' VOLLEYBALL**

Jennifer Claussen





# VERNON HILLS HIGH SCHOOL

2011

## FALL SEASON SUMMARY

### Boys' Cross Country

<b>Coaches:</b> Michael Roberts Adam Lueken	<b>Division Record:</b>	<b>Won</b> 4	<b>Lost</b> 2
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Date	School	VHHS	Opponent
08/31/11	Lake County Invite Varsity	9 <sup>th</sup> Place/16	
09/06/11	Warren	38	23
09/10/11	Wauconda Invite Frosh/Soph Varsity	7 <sup>th</sup> Place/23 26 <sup>th</sup> Place/27	
09/12/11	Round Lake Wauconda	32 17	24 44
09/17/11	Libertyville Invite Varsity Fr/So	11 <sup>th</sup> Place/12 3 <sup>rd</sup> Place/12	
09/19/11	Grant North Chicago	31 15	24 50
09/24/11	Grant Invitational Varsity Fr/So	10 <sup>th</sup> Place/14 1 <sup>st</sup> Place/13	
09/26/11	Lakes	28 (won)	28
10/01/11	Peoria Invitational	28 <sup>th</sup> Place/55	
10/01/11	Antioch Invite Fr/So	10 <sup>th</sup> Place/20	
10/03/11	Antioch	15	50
10/15/11	NSC Championship Varsity	9 <sup>th</sup> Place/14	
10/23/10	IHSA Regional	3 <sup>rd</sup> Place (tie)	
10/30/10	IHSA Sectional	13 <sup>th</sup> Place/21	

#### Roster

Colin Alexander Mike Anagnostopoulos Oleg Babin Christopher Baer Daniel Bai Jacob Behling Mitchell Campbell Keith Carlson Ben Dobbertin Zachary Furett Daniel Galinovskiy Nicholas Johnson Samuel Kasten Duncan Kessler Jong Kim Conrad Kocoj David Kocoj Jeremy Levy Morgan Lichtenstein Nic McAdams Noah Melcer	Ben Mohrdieck Jared Munro Richard Nagle Tyler Nagle Nicholas Newman Benji Rappaport Nathan Rathod Brad Rogers Kyle Schrems Vaibhav Shastry Kyle Small Tyler Smith Damon Tafoya Ashwin Thomas Yogi Tiwari Kelvin Wang Nicholas Webber Adam Weinberg Kyle Whitney Robert Williams Steven Zhang
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The popularity of cross-country continues to grow for Vernon Hills boys. Our numbers doubled and with it a growing sense of expectation of a great future from our talented young squad. Our conference series performance improved this season finishing as joint runners-up in the Prairie Division. Kyle Whitney and Ben Mohrdieck continued where they had left off last year unchallenged as the top two and picking up All-Conference honors. Kyle ran under 16 minutes for three miles and both he and Ben are knocking on the door for State qualification. The highlight of the year was the commanding win at the Grant Invite for our Frosh/Soph team: Chris Baer, Ben Dobbertin, Ben Mohrdieck, Tyler Smith, Nick Webber, Kyle Whitney and Rob Williams. Mid season, the Peoria Invite race, yielded outstanding performances from everyone, particularly the three varsity freshmen and Morgan Lichtenstein who set a PR with his first sub 17 min time. Sadly, injuries took a heavy toll this season. Captain and talisman Kyle Schrems suffered an early season injury. Ben Dobbertin, the Dob, half of our freshman duo Rob & Dob also got hurt and was unable to make his mark in October's championship races. Yet despite these setbacks the cross-country Cougars exceeded all expectations in Invites and championship races. At the Regional championships in Antioch, the lads made good team packing count, qualifying with ease for the tough Belvidere Sectionals, where we placed 13<sup>th</sup> with Kyle finishing 23<sup>rd</sup> and Ben 41<sup>st</sup>. Congratulations to all who participated in the program this season, particularly to our departing seniors, Kyle Schrems, Nic McAdams, Kyle Small and Jared Munro who have been with the program for all four years. We had fun! Thank you all for your hard work and commitment to training and racing.

Coach Roberts

**VERNON HILLS HIGH SCHOOL  
2011  
FALL SEASON SUMMARY**

**Girls' Cross Country**

<b>Coaches:</b> Suzanne Richert Chris Wolf	<b>Division Record:</b>	<b>Won</b> 5	<b>Lost</b> 1
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<u>Date</u>	<u>School</u>	<u>VHHS</u>	<u>Opponent</u>
08/31/11	Lake County Invite Varsity	2 <sup>nd</sup> Place/16	
09/03/11	Crystal Lake South Invite Varsity Fr/So	3 <sup>rd</sup> Place/18 5 <sup>th</sup> Place/11	
09/06/11	Warren	17	43
09/10/11	Peoria Woodruff Invite Varsity	9 <sup>th</sup> Place/43	
09/10/11	Wauconda Invite Fr/So JV	13 <sup>th</sup> Place/17 8 <sup>th</sup> Place/13	
09/12/11	Round Lake Wauconda	15 17	50 44
09/17/11	Woodstock Festival Varsity JV	2 <sup>nd</sup> Place/14 1 <sup>st</sup> Place (tie)/14	
09/19/11	Grant North Chicago	20 15	43 50
09/24/11	Whitney Young Invite Varsity Fr/So	1 <sup>st</sup> Place/19 5 <sup>th</sup> Place/10	
09/26/11	Lakes	30	25
10/01/11	Antioch Invitational Varsity JV	6 <sup>th</sup> Place/19 4 <sup>th</sup> Place/17	
10/03/11	Antioch	15	48
10/15/11	NSC Championship Varsity JV	6 <sup>th</sup> Place/13 3 <sup>rd</sup> Place/11	
10/22/11	IHSA Regional	2 <sup>nd</sup> Place/8	
10/29/11	IHSA Sectional	8 <sup>th</sup> Place/21	

**Roster**

Reya Arora	Ali Marks
Niveda Baala	Emma McGee
Estephany Campos	Alissa Miller
Ana Cifuentes	Claudia Morin
Taylor Coco	Nikki Nathanson
Ashley Cohen	Hanna Paustian
Lauren Dantes	Ali Pearson
Grace Dobbertin	Jasmine Rathod
Danielle Fiarito	Mackenzie Renihan
Lauren Hernandez	Melanie Rogers
Samantha Hershman	Tara Rooney
Laura Jusyte	Rianna Roos
Emily Katz	Mallory Rose
Lauren Kim	Kiara Schuh
Brittani Koza	Emily Spence
Rachel Kucharz	Annie Starykowicz
Alina Lehocky	Courtney Umphress
Abbie Letts	Kristen Whitney
Cassie Lira	Taylor Wise

Asta Jurgelaityte, mgr.

The 2011 Girls' Cross Country team just completed its most successful season in team history. We improved our Prairie Division record this season to 5-1, finishing second to our rival Lakes. Early in the season the Varsity team competed in the Lake County meet and placed 2<sup>nd</sup> overall as a team. Following that great start, we continued to have success in dual meets and invitationals. Highlights include finishing 3<sup>rd</sup> on a very challenging course at the Crystal Lake South Invite, Varsity placing 2<sup>nd</sup> and JV tying for 1<sup>st</sup> at the Woodstock Festival, and Varsity winning the championship trophy at the Whitney Young Invite on a very rainy day in Chicago. The team had a strong showing at the NSC Meet on both levels and had great individual performances as well. Senior Danielle Fiarito, freshman Melanie Rogers, and junior Ali Marks all in finished in the top 30 earning them All-Conference honors in the Varsity race and sophomore Cassie Lira finished as the runner-up in the JV race. In post-season competition, we placed 2<sup>nd</sup> at the IHSA Regional meet to advance to the IHSA Sectional meet for the 6<sup>th</sup> year in a row. At sectionals, the team was 8<sup>th</sup>, giving us our best sectional team finish ever. Although we lose 9 seniors to graduation, we have a talented group returning and hope to improve upon this year's success.

Coach Richert

**VERNON HILLS HIGH SCHOOL  
2011  
FALL SEASON SUMMARY**

**Varsity Football**

<b>Coaches:</b> <b>Tony Monken</b> Corey Atwell, Greg Stilling, Bill Bellecomo, Tim Dydo, Jason Czarnecki, Jason Newburger, Meko Miller	<b>Season Record:</b>	<b>Won</b> 5	<b>Lost</b> 4
	<b>Division Record:</b>	<b>Won</b> 3	<b>Lost</b> 3

**Roster**

<u>Date</u>	<u>School</u>	<u>VHHS</u>	<u>Opponent</u>
08/26/11	Chicago Dunbar	58	34
09/02/11	Wheaton St. Francis	21	22
09/09/11	North Chicago	43	8
09/16/11	Antioch	7	10
09/23/11	Lakes Community	6	7
09/30/11	Grant	6	26
10/06/11	Mundelein	39	7
10/14/11	Round Lake	41	13
10/21/11	Wauconda	33	6

Marc Alexander	Christopher Lannan
Tyler Alper	Peter Lopez
Jacob Baruch	Kevin Ma
Jeremy Brazil	Sam Maloof
Ryan Brown	Joseph Mariella
Timothy Claussen	Dylan McNamara
Gabe Cotton	Jay Miller
MJ Crowley	Joshua Moss
Wayne Didier	Steven Nelson
Zachary Eckstrom	Brett Peterson
TJ Flis	Tyler Peterson
John Foley	David Pierce
Austin Hagen	Drake Randall
Jacob Hallendorff	Marco Rodriguez
Jarrett Henson	Dustin Rusch
Ian Hough	Nicholas Saliba
Matthew Kahn	Gus Sida
Zachary Kind	Grady Skeoch
Daniel Klema	Richard Song
Colin Krippinger	Jeremy Sullivan
	Jarrett Wood

Our goal entering the 2011 season was to win the Prairie for the third year in a row. The year started off with an exciting first win over Dunbar who had one of the best athletes in the state. The next 4 weeks were stunning. We went 1-3 and the three games we lost were by a total of 5 points. After losing week 6 and falling to 2-4, things were not looking good. We always talk about football being a game that challenges you the way that life challenges you. Our challenge was a difficult one. We expected to win the Prairie again this year, and now we were not even guaranteed being in the playoffs with three weeks of the season left. So how do you recover when life throws you a curveball? How to you respond when you wind up in a position you didn't expect to be in? Our guys chose to fight harder and claw their way out of the hole we were in! We won the last three games and finished 5-4. We just missed making the playoffs (2 playoff points short), but we are extremely proud of our Seniors for their leadership and the way they battled.

Juniors, Sophomores and Freshmen, the preparation for 2012 starts now! Let's get to work!

Coach Monken

VERNON HILLS HIGH SCHOOL  
2011  
FALL SEASON SUMMARY

**Sophomore Football**

Coaches: Dave Schroetter Todd Gedville Kip Baxter	Season Record:	Won 6	Lost 3
	Division Record:	Won 4	Lost 2

Roster

Jeremy Babicz	Don Lee
Jon Campbell	Eric Lee
Steven Didier	Saad Maki
Nicholas Donofrio	Michael Mariella
Kyle Erchinger	Jacob Nabat
Ryan Erchinger	Jacob Paszko
Ryan Fasbinder	Sean Pinter
Jacob Feece	Pascual Rodarte
Jordan Freibrun	Zachary Silver
Mason Geick	Danny Strohl
Joshua Hallendorff	Deandre Tolber
Joshua Harris	Tyler Wood
Tyler Jacobson	Bumsik Yun

<u>Date</u>	<u>School</u>	<u>VHHS</u>	<u>Opponent</u>
08/26/11	Chicago Dunbar	45	8
09/02/11	Wheaton St. Francis	8	27
09/09/11	North Chicago	34	6
09/16/11	Antioch	0	27
09/23/11	Lakes Community	6	28
09/30/11	Grant	47	7
10/06/11	Mundelein	43	6
10/14/11	Round Lake	29	13
10/21/11	Wauconda	20	6

The 2011 Sophomore Football team achieved a 6-3 overall record, finishing 4-2 in the Prairie Division. This year was highlighted by several great team efforts both home and away. We were a small but extremely tough team of 26 players. Each player who contributed this season should feel an immense sense of pride for their accomplishments. Coach Gedville, Coach Baxter, and I truly enjoyed working with these young men this season and look forward to what they will accomplish as varsity players next year. Go Cougars!!!

Coach Schroetter

**VERNON HILLS HIGH SCHOOL  
2011  
FALL SEASON SUMMARY**

**Freshman Football**

Coaches: Brett Hill Avelino Cortez Adam McCloud Josh Ugaste Jeff Keske	Season Record:	Won 2	Lost 7
	Division Record:	Won 0	Lost 6

**Roster**

Anantha Aruloli	Doug Pierce
Joseph Blitstein	Eli Reinhardt
Richard Clark	Alex Rodriguez
Max Donato	John Rollo
Quinn Fraboni	Jake Rusch
Bennett Geren	Brian Schrimmer
Miguel Jaimes	Grant Smith
Ki Young Kim	Jacob Stephenson
Dylan Leintz	Jacob Stinson
Cory Levin	Mani Sundararajan
Jiawen Li	Jason Tellez
Jack Manning	Hassan Thomas
Michael Marcucci	Kyle Thomas
Frank Mariella	Erik Tinoco
Juan Mata	Christopher Trevino
Collin Meister	Lemuel Turner
Michal Pekala	Adrian Velazquez

<u>Date</u>	<u>School</u>	<u>VHHS</u>	<u>Opponent</u>
08/27/11	Marengo	30	6
09/03/11	Elmwood Park	28	0
09/08/11	North Chicago	8	50
09/15/11	Antioch	21	40
09/24/11	Lakes Community	0	35
10/01/11	Grant	6	50
10/05/11	Mundelein	18	33
10/13/11	Round Lake	0	6
10/20/11	Wauconda	0	46

Our record for the freshman team this season was 2-7. Every season the freshman level's focus is to teach our players the varsity's offense and defense to help prepare them to play the next level of football. The players put in a lot of time and effort to prepare for this season both during the summer and on the practice field all season long. We have no doubt that all of these young men will go on next year and be even more successful. Our coaching staff and players would like to acknowledge that our success is in large part due to the dedication of the parents in our program. It will be exciting to see what these players accomplish in the next few years. We are proud of their accomplishments on the field as well as their development in becoming responsible and dedicated young men.

Coach Hill

VERNON HILLS HIGH SCHOOL  
2011  
FALL SEASON SUMMARY

**Girls' Golf**

<b>Coaches:</b> Jim Seward Mike Moran	<b>Season Records:</b> Varsity- Overall Conference	<b>Won</b> 3 2	<b>Lost</b> 7 4
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<u>Date</u>	<u>School</u>	<u>VHHS</u>	<u>Opponent</u>
08/16/11	Barrington Invite	12 <sup>th</sup> Place – 400	
08/17/11	Fremd	219	176
08/18/11	Libertyville Invite	4 <sup>th</sup> Place - 378	
08/22/11	Lake County Invite	9 <sup>th</sup> Place – 387	
08/23/11	Mundelein	201	198
08/24/11	Lake Forest	188	174
08/27/11	Hersey Invitational	6 <sup>th</sup> Place – 375	
08/30/11	Glenbrook South	204	177
09/06/11	Libertyville	196	182
09/07/11	Warren	190	196
09/10/11	Cougar Classic	6 <sup>th</sup> Place – 365	
09/14/11	Stevenson	217	179
09/15/11	Carmel	200*	200
09/17/11	Highland Park Invitational	7 <sup>th</sup> Place – 403	
09/20/11	Deerfield	176	172
09/21/11	Lake Zurich	192	216
09/30/11	NSC Championship	6 <sup>th</sup> Place – 397	
10/05/11	IHSA Regional	8 <sup>th</sup> Place	
		*won on tie-breaker	

**Roster**

**Varsity**

Lydia Flynn  
Lauren Groody  
Shannon Healey  
Fayth Kim  
Kari Lee  
Jenny Park

**JV**

Elissa Chah  
Shela Chen  
Suzie Chen  
Cali Joyce  
Haesu Lee  
Jasmine Lowe  
Mary Paulson  
Kalina Yang

The Vernon Hills Girls' Golf team experienced a season of transition this year. Gone was head coach Crevier to the Boys' team to be replaced by Coach Seward. Also new to the team this season were 9 freshman. Two, Kari Lee and Fayth Kim, quickly filled positions on the varsity team and made a significant contribution throughout the entire season. All of the other freshman acquired skills and learned how to play this individual sport as a member of a team. However, not all was new for the year. Seniors Lauren Groody and Lydia Flynn led the lady cougars in tournament and match play. Lauren captured medalist honors at the LHS Invitation held at Pine Meadow Golf Course and qualified to the sectional tournament for the second consecutive year. Flynn scored career low scores at several tournaments and was an important mentor to the younger players on the team. Solid contributions were also furnished by returning Junior Jenny Park and Sophomore Shannon Healey. Park ended the year with a scoring average well below last year's, and Healey returned to play after an early season injury just in time to post a top 20 finish at the Conference Tournament at Deerpath. Congratulations and good luck in the future to our graduating seniors Lauren Groody and Lydia Flynn.

Coach Seward

VERNON HILLS HIGH SCHOOL  
2011  
FALL SEASON SUMMARY

**Varsity Boys' Golf**

Coaches: Shawn Healey Sean Crevier	Season Record:	Won 5	Lost 4
	Division Record:	Won 3	Lost 1

Date	School	VHHS	Opponent
08/15/11	Deerfield Invite	4 <sup>th</sup> Place/6 – 321	
08/16/11	Glenbard North	1 <sup>st</sup> Place/12 – 295	
08/22/11	Lake County Invite	4 <sup>th</sup> Place/17 – 309	
08/24/11	Marian Central Catholic	155	161
08/31/11	Libertyville	160	161
09/03/11	Buffalo Grove Invite	12 <sup>th</sup> Place/16 – 324	
09/06/11	Mundelein – HWCC	3 <sup>rd</sup> Place/7 - 322	
09/07/11	Grant	155	180
09/08/11	Antioch/Stevenson	170	183/158
09/10/11	Zee-Bee Invitational	10 <sup>th</sup> Place/20 – 329	
09/12/11	Ivanhoe Classic	4 <sup>th</sup> Place/13 – 318	
09/14/11	Lake Forest	154	142
09/17/11	Mustang Invite	3 <sup>rd</sup> Place/8 – 315	
09/20/11	Lakes Community	166	162
09/21/11	Carmel	161	150
09/24/11	Lake Forest Invitational	16 <sup>th</sup> Place/16 – 401	
09/30/11	NSC Championship	3 <sup>rd</sup> Place/12 – 319	
10/01/11	Cougar Classic Invite	1 <sup>st</sup> Place/6 – 316	
10/04/11	IHSA Regionals	1 <sup>st</sup> Place/9 – 316	
11/10/11	IHSA Sectionals	3 <sup>rd</sup> Place/12 – 311	
11/14/11- 11/15/11	IHSA State	10 <sup>th</sup> Place – 346/325	

Roster

Connor Dickman  
Chris Edwards  
Russell Hutson  
Alex Leigeber  
Patrick Quinn  
Jamie Roussel  
Eric Swanson  
Jeremy Szwaya  
Jake Zoll

The Varsity Boys' Golf Team had a very successful season. We started the year by winning the Glenbard North Invitational and shooting a school record score of 295. We finished the regular season by winning our own Cougar Classic Tournament. The team finished a strong 3<sup>rd</sup> in the NSC Conference Tournament behind the Conference Champion score of Eric Swanson. We moved on to win the Lakes Regional Tournament led by Regional Champion Chris Edwards. At the West Chicago Sectional, Jake Zoll placed 5<sup>th</sup> to help the team place 3<sup>rd</sup> and qualify for our first State Tournament in Bloomington, where we finished 10<sup>th</sup>.

Thanks to Coach Crevier, and good luck to our three seniors, Alex Leigeber, Jeremy Szwaya and Jake Zoll.

Coach Healey

**Regional Champions!!!**

VERNON HILLS HIGH SCHOOL  
2011  
FALL SEASON SUMMARY

**JV Boys' Golf**

Coach: Sean Crevier	Season Record:	Won 1	Lost 8
	Division Record:	Won 1	Lost 3

<u>Date</u>	<u>School</u>	<u>VHHS</u>	<u>Opponent</u>
08/15/11	Libertyville Quad	345	338
	Deerfield		319
	Libertyville		355
	Lake Zurich		
08/24/11	Marian Central Catholic	199	183
08/27/11	Evanston Scramble	6 <sup>th</sup> Place/+44	
08/31/11	Libertyville – JV	194	167
09/03/11	Mustang Invite	17 <sup>th</sup> Place/388	
09/07/11	Grant	187	220
09/08/11	Stevenson – JV	187	170
09/08/11	Antioch – JV	187	187
09/10/11	Lake Forest Invite	8 <sup>th</sup> Place/349	
09/12/11	Wauconda	195	189
09/14/11	Lake Forest – JV	184	149
09/20/11	Lakes Community – JV	195	181
09/21/11	Carmel – JV	187	162
09/27/11	Prairie Lake Invite	7 <sup>th</sup> Place/184	

**Roster**

Adam Baittie  
Ty Chong  
Christian Hughes  
Michael Koczwara  
AJ Mawley  
David Quinn  
Richard Schmidt

The Frosh/Soph Boys' Golf team had two returning members and 4 new players. In its young state, they competed hard all season and finished with a division record of 1-3. This season was a challenge for the young players and they showed much improvement as the season went on. The boys are looking forward to next year and their chance to come back a more experienced squad.

Coach Crevier

VERNON HILLS HIGH SCHOOL  
2011  
FALL SEASON SUMMARY

Pom Pons

Coaching Staff:	Varsity	Brittany Redig Beth Richards
	JV	Michelle Bastiani Tierney Darden

Varsity Roster

Kim Amari  
Jadyn Amidei  
Monique Beird  
Elizabeth Chapman  
Kristine Chapman  
Dana Dubinski  
Keely Flis  
Jessica Johnson  
Kristen Kamman  
Delaney Leber  
Marli Levin  
Michelle Nussbaum  
Brianna Perl  
Madeline Silbar  
Elizabeth Slovik  
Elizabeth Winegardner

JV Roster

Carlee Appelbaum  
Karina Beird  
Erica Erchinger  
Lexi Flake  
Kaylee Furlett  
Lauren Kaigh  
Madeline Lasson  
Kira Lauman  
Devan Madej  
Tayah Minniefield  
Nicole Ripes  
Alison Skiadas

Poms began their season in mid-June preparing for camp at Northern Illinois University. There, Varsity finished 1<sup>st</sup> in the large varsity category, qualifying them for UDA Nationals in Florida. JV finished 3<sup>rd</sup> in the JV category, qualifying them to perform in the Philadelphia Thanksgiving Day Parade. Both teams were also awarded a superior trophy for their hard work and achievement at camp. In addition to their superior trophy, both Varsity and JV teams received a team spirit award.

Poms worked hard during football season to provide new and entertaining half-time performances at every home sophomore and varsity football games. In their spare time, Varsity and JV Poms are enjoying a private team technique class at Talent Forum in Libertyville every week. Currently, both teams are working hard on perfecting their competition routines. Their first competition will be December 17<sup>th</sup> at Schaumburg High School.

Coach Redig, Coach Richards, Coach Bastiani, and Coach Darden

VERNON HILLS HIGH SCHOOL  
2011  
FALL SEASON SUMMARY

Varsity Boys' Soccer

Coaches: Shannon Etnyre Jeff Killinger	Season Record:	Won 5	Lost 12	Tie 1
	Division Record:	Won 1	Lost 4	Tie 1

Date	School	VHHS	Opponent
08/23/11-	Cougar Classic		
08/27/11	Grayslake Central	0	1
	Grayslake North	2	4
	Zion-Benton	6	3
08/31/11	Grayslake North	1	3
09/03/11	Wheeling	0	3
09/06/11	Round Lake	0	4
09/08/11	Ridgewood	1	2
09/15/11	North Chicago	4	0
09/20/11	Wauconda	1	1
09/21/11	Zion-Benton	3	2
09/24/11	Tremper	1	4
09/27/11	Grant	0	2
10/01/11	Elmwood Park	2	0
10/04/11	Antioch	1	2
10/06/11	Lakes Community	1	2
10/12/11	Lake Zurich	1	3
10/19/11	IHSA Regional- vs. North Chicago	2	1
10/21/11	IHSA Regional Final- vs. Deerfield	0	4

Roster

Tim Allen  
Shawn Aumiller  
Evan Borden  
Bradley Burrows  
Ricardo Ceja  
Jeremy Cohen  
David Goldberg  
Eric Lang  
James Lee  
Nathan Lightman  
Brad McGee  
Justin Moon  
Roger Ramirez  
Jeremy Steininger  
Jared Stern  
Matt Tabrizi  
Kalabe Tadesse  
Jonathan Veloz  
Randy Veloz  
David White  
Paul Woo  
Alex Zuniga  
Alex Goldstein, mgr.  
Iris Ostrovsky, mgr.

The Varsity Boys' Soccer team ended the season with a 5-12-1 record, 1-4-1 in the Prairie Division. After tough early-season loses to Grayslake Central and Grayslake North, the boys were able to use the lessons learned during those games to earn their first victory of the season against a strong Zion-Benton side. This would propel them to a two-week unbeaten streak with wins against North Chicago and Zion-Benton, and a tie vs. Wauconda. The boys earned their first regional victory in over 6 years defeating a much improved North Chicago squad 2 – 1. I'd like to thank seniors Tim Allen, Shawn Aumiller, David Goldberg, Eric Lang, James Lee, Nathan Lightman, Jeremy Steininger, Kalabe Tadesse and Paul Woo for their commitment to the program, and wish them luck with their future endeavors.

Coach Etnyre

VERNON HILLS HIGH SCHOOL  
2011  
FALL SEASON SUMMARY

**JV Boys' Soccer**

Coach: Lindsay Mathiesen	Season Record:	Won 4	Lost 6	Tie 3
	Division Record:	Won 3	Lost 2	Tie 1

<u>Date</u>	<u>School</u>	<u>VHHS</u>	<u>Opponent</u>
08/31/11	Grayslake North	1	1
09/02/11	Wheeling	1	3
09/06/11	Round Lake	1	3
09/08/11	Ridgewood	2	4
09/12/11	Loyola Academy	2	4
09/15/11	North Chicago	3	2
09/19/11	Wauconda	3	1
09/21/11	Zion-Benton	2	2
09/27/11	Grant	2	2
10/01/11	Elmwood Park	5	0
10/04/11	Antioch	2	0
10/06/11	Lakes Community	0	3
10/12/11	Lake Zurich	0	3

**Roster**

Omar Abdallah  
Nicholas Bryson  
Ryan Bryson  
David Caiolino  
Paul Chiragiev  
Eric Doerhoefer  
Yuan Gao  
Jeremy Gonzalez  
Logan Goshorn  
Michael Hayibor  
Thomas Kalsch  
Soon Woo Kwon  
Miguel Limon  
Juan Maldonado  
Eric Meiller  
Hayden Moffat  
Michael Nudelman  
John Orozco  
David Ortiz  
Juan Salazar  
Jose Sanchez  
Caleb Shaw  
Peter VanderBloomer  
Sam Veren

As the years go by, the boys' soccer program continues to grow in size, talent and camaraderie. This year has been no exception. This group of 24 includes some of the most enthusiastic, supportive and comedic young men that have passed through the program. It's these qualities that helped this team get through what some would consider a rough season. The talent on this team was obvious, but that too seemed to be the case with many of this year's opponents. The season started off great with a competitive tie to Grayslake North, but was followed by a series of tough losses to schools like Wheeling, Round Lake and Loyola Academy. Scoring was never a problem for this team but the ability to maintain leads became troublesome by mid season. However, big wins against Elmwood Park and Antioch gave the team some motivation to keep working hard and finish strong. While although I may not remember this season's record years from now, I will recall the outstanding group of student athletes that were members of this team. Thanks boys for making the season entertaining and thank you to our parents who showed up to support us along the way!

Coach Mathiesen